

HEALTH EDUCATION/PHYSICAL EDUCATION

Each school shall organize and maintain a physical and health education program in accordance with State Board of Education regulations and State Board of Health guidelines.

The Charlotte County school division's goal is that a program of physical fitness will be available to all students for at least 150 minutes per week on average during the regular school year. Such program may include any combination of physical education classes, extracurricular activities, and other programs and activities.

Adopted: October 12, 2010

Legal Ref.: Code of Virginia, 1950, as amended, §§ 22.1-207, 22.1-212.1:1, 22.1-253.13:1.D.14.
8 VAC 20-720-90.

Cross Refs.: IGAG Teaching About Drugs, Alcohol, and Tobacco
JHCA Physical Examinations of Students
JHCF Student Wellness
JO Student Records